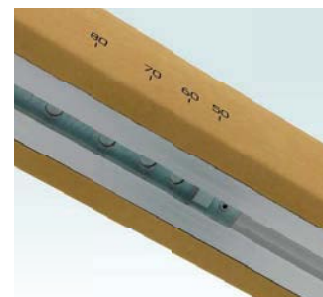


Balance beam 'Club Soft'

1414034

Training a group of gymnasts means working many hours per week on a variety of different elements as gymnasts have different ages, abilities and requirements. Equipping your hall with apparatus specially designed for training seems therefore a logical measure. The versatile training equipment offered by Spieth has been developed together with world-renowned coaches and is continuously being tested in the daily practice of training halls worldwide. Adaptations are being made frequently to improve every aspect of this equipment and to keep it the best range of training apparatus available.



'Soft Top' shock absorption



Easy height adjustment assisted by a gas spring



Height adjustment and securing

Technical data:

Reference number: 1414034

Beam made of extruded thick wall aluminium, with 'Soft Top' shock absorber specially developed for repeated exercises during training. The cover is made of skin-friendly hygroscopic synthetic leather. The feet remain on the same spot when changing the height, allowing the mats to remain in position. This means safe matting under the beam at competition height as well as on training heights down to 50 cm. The additional adjustment up to 130 cm allows for additional soft mats to be placed under the beam during training.

A nitrogen gas loaded spring compensates the weight of the beam allowing young gymnasts to change the height of the beam very easily.

Height: adjustable from 50-90 cm with 10 cm increments and from 90-130 cm with 5 cm increments.

Length: 500 cm.

Width: 10 cm (working area).

Width: legs 122x8x8 cm.

Weight: beam 40 kg.

Weight: legs 20 kg each.

Latest update: March 2016

SPIETH Gymnastics

info@spieth-gymnastics.com

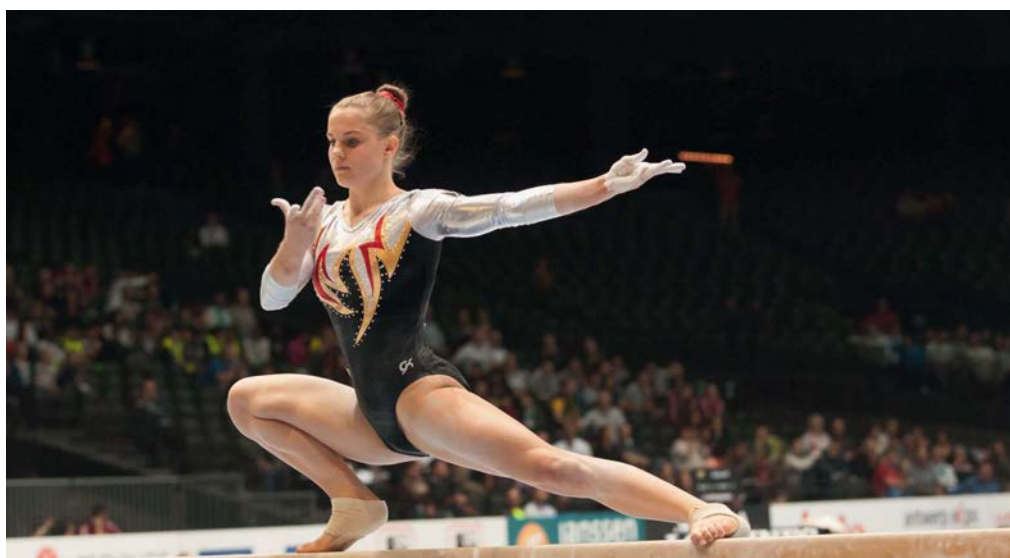
www.spieth-gymnastics.com

Balance beam 'Club Soft'

1414034

Safety first

The balance beam is seen as the most challenging apparatus to learn for female gymnasts. Preparing on different heights with secure and safe matting underneath, reduces the fear factor considerably. As the girls can change the height themselves due to the support of the nitrogen weight compensation, each gymnast can train on the individually preferred height; from 50 cm, through 125 cm competition height, until 130 cm. At all heights the feet remain in position and therefore the mats can remain in their safe position as well. This 'Soft Top' version considerably reduces peak impact on the feet and ankles and is therefore a valuable addition for any training centres' beam section.



Surface enlargement:
1414100/1414105



Beam projection pad: 1414085



Transport trolley (per piece):
1522084



Springboard 'Moscow 5': 1411704



Low beam 'Soft Top' 500 cm: 1414118

Training demands:

- Various heights for various gymnasts.
- Safe matting for all heights.
- Quick and easy change of height by gymnasts.
- Practice with additional 30 cm mats.
- Shock absorption directly under the feet.
- Training with confidence.

Related equipment:

- Beam protection pad: 1414085
- Low beam 300 cm: 1414076
- Low beam 'Soft Top' 500 cm: 1414118
- Transport trolley (per piece): 1522084
- Springboard 'Moscow 5': 1411704



Soft mat 1540505

Latest update: March 2016