

Horizontal bar 'Club'

1384094

Training a group of gymnasts means working many hours per week on a variety of different elements as gymnasts have different ages, abilities and requirements. Equipping your hall with apparatus specially designed for training seems therefore a logical measure. The versatile training equipment offered by SPIETH has been developed together with world-renowned coaches and is continuously being tested in the daily practice of training halls worldwide. Adaptations are being made frequently to improve every aspect of this equipment and to keep it the best range of training apparatus available.



Height adjustment



High



Low

Technical data:

Reference number:	1384094
Height:	Adjustable from 75 to 300 cm: from 75-250 cm per 10 cm and from 250-300 cm per 5 cm increments.
Uprights:	Galvanized steel inner tubes, made of rectangular 4 mm (thickness) steel with a clear height indication. Epoxy-coated outer tubes in silver.
Height adjustment:	Fast clicking height adjuster with additional safety bolt.
Anchoring:	4 floor anchors 1384121 (not included).
Tension system:	Tension cables with 7 mm steel chains and 16 D-shackles. Fast tension releaser included.
Space occupation:	400x550 cm (excluding landing mats).
Steel bar:	High-tensile stainless steel bar, ultrasonically checked.
Optional:	Women's uneven rail for women's training on the 'club' horizontal bar. The floor distance holder is not required if installed over a pit.

SPIETH Gymnastics

info@spieth-gymnastics.com
www.spieth-gymnastics.com

Horizontal bar 'Club'

1384094

Versatile

The 'club' horizontal bar is a fine example of what a special training apparatus can offer more compared to a competition apparatus. Loosen the tension on one of the cables and you can change the height from 75 cm, through competition height of 280 cm, until 300 cm. Younger gymnasts can train on the proportionally right height with optimum trainer assistance. Over a pit a lower bar can take away the anxiety when learning new flying elements.



Soft mat 1540505



Horizontal bar supports 1384080



Trainer platform 1490373

Related equipment:

- Protection pad: 1760303
- Floor anchor: 1384121 or 2511221
- Men's rail: 4140705
- Women's rail: 2202205

Training demands:

- Various heights for various gymnasts.
- Quick and easy height adjustment.
- Horizontal bar rail or women's uneven bars rail.
- High and low above your pit.
- Optimum height for trainer assistance.
- Training with confidence.

SPIETH Gymnastics

info@spieth-gymnastics.com
www.spieth-gymnastics.com